

**Training and Wellness Certification Commission 2008
Annual Report
Submitted by Michelle Adams, Chair TW-CC**

Meeting Review

The Training and Wellness Certification Commission met twice in 2008 (February and May) and held 3 teleconferences (July, September, and November).

Prior Learning Assessment

In 2006-07 TW-CC along with Pro-metric developed a Job Task Analysis (JTA) process to evaluate the credentials, education and experience of personal trainers against the Competency Profile and education requirements expected.

The goal was to allow educated personal trainers to become eligible to sit for the A-CPT exam. Once certified, they would enter the workforce as A-CPT Certified helping to address the need for Nationally Certified Personal Trainers. That has now been completed.

The first meeting of the year (February 2008) was to discuss the recommendations of independent consultants Canadian Association for Prior Learning Assessment (CAPLA). Through a facilitation process, CNC reviewed and prioritized the recommendations. Some main items for immediate consideration are:

- Improved communication via the website, e-mailing
- Pre-approved list of courses where CE's can be taken
- Informational services
- Examination information to help applicant to better prepare for the exams
- Review sharing test documentation with Pro-metric
- Comparison of standardized information
- Review of Certificate given to those who pass the exam
- Discuss application for accreditation by NCCA

Examinations

Recommendations made to the Board of Directors regarding changes with the exam policies for future exams. Insure all documentation is signed and received before exam date is set.

Candidates are required to have the 200 hours of practical. Discussion on clarification on how anyone can achieve it, possibly documented work or volunteerism

Appointments

Andrew Liebman was appointed the Public Member